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Missouri  
Association  
of Area  
Agencies  
on Aging

Keep Area Agencies on Aging Strong.

Older Missourians are just  
**ONE INCIDENT AWAY**  
from hospitalization,  
nursing home placement,  
and the loss of lifetime  
resources.

Did you know Area Agencies on Aging provide options?  
Support the Senior Services Growth and Development Bill.



# ONE INCIDENT AWAY ...

## Area Agency on Aging Senior Centers Provide Much Needed Relief

Brenda and her husband Paul assumed their health would remain good enough for them both to continue working well past retirement to ensure their income met their future needs. Unfortunately, health issues forced them both to retire and the couple had come to rely on the local food pantry and kindness of friends to survive.

Last year, several volunteers at their local Senior Center helped Brenda and Paul sign up for insurance and MoRx. Brenda's monthly social security check was \$700, not nearly enough to cover her medical expenses totaling over \$1,000. MoRx now helps the struggling couple save money, which helps them better afford their high medical costs.

The week after their first visit to the Senior Center, Brenda and Paul received a handful of "Adopt-a-Senior" coupons for complimentary lunches at the Center. This was a wonderful surprise. "I have lots of days when I am unable to go to the Center because of physical constraints or depression, but each time I go, it feels like a family reunion," Brenda said.

Her local Senior Center has been both a relief and blessing for Brenda and Paul.

**Your Area Agency on Aging in Missouri has expert help.**

***"We want to be here when you need us."***

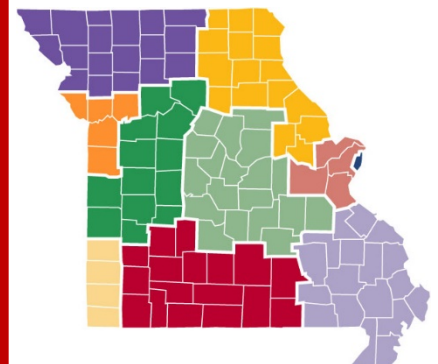


### Core Services:

- Supportive Services
- Caregiver Encouragement
- Nutrition
- Health and Wellness
- Advocacy

### Additional Support:

- Care Coordination
- Medicare Enrollment
- Tax Assistance
- Transportation
- Respite



### Care Connection

Central Missouri

Mid-America

Mid-East

Northeast Missouri

Northwest Missouri

Region X

Southeast Missouri

SeniorAge

St. Louis

Missouri Association of Area Agencies on Aging

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