

ONE INCIDENT AWAY ...

Our Senior Centers Are Our Home Away From Home

Seventy-four year old twins Beverly and Betty call the Fun and Friends Senior Center their "home away from home." Without their local Senior Center, they would have no place to go ... no place to help serve others, no place to eat an affordable and nutritious meal, and no place to call 'home.'

Betty and Beverly have lived in small town Missouri many years, and have always seen the extraordinary value the Senior Center provides to their community. A rural area with many homebound residents, Betty says there would be "so many seniors that would not receive a hot meal at home." Beverly added that the meal that is delivered to their door is coupled by a friendly face that is checking in on their wellbeing.

Very active at their Senior Center, both Betty and Beverly offer their assistance wherever needed. Arriving by 9:30 each and every morning, they are the friendly faces and familiar voices that greet seniors at the door. They make daily deposits, cut labels, and assist other customers with their needs. Together, they are offering their help to so many people that come to the Senior Center for friendships, services, and fun.

Making a difference at their local Senior Center is something Betty and Beverly cherish. "We enjoy giving back to our community while we are both healthy and able to do so," says older and ornerier Betty. "Our doctor tells us to always get up in the morning and go do something outside the home," says Beverly. They have been doing this for years at a place they call home; a place where family and friends unite to help each other out; and at a place that shows compassion for the needs of so many people. "Our community would be devastated without funding for the many services our Senior Center provides," the twins agreed.

Your Area Agency on Aging in Missouri has expert help.

"We want to be here when you need us."



Core Services:

Supportive Services
Caregiver Encouragement
Nutrition
Health and Wellness
Advocacy

Additional Support:

Care Coordination Medicare Enrollment Tax Assistance Transportation Respite



Care Connection

Central Missouri
Mid-America
Mid-East
Northeast Missouri
Northwest Missouri
Region X
Southeast Missouri

SeniorAge

St. Louis