Tomorrow is Giving Tuesday

**FACT:** 908,633 meals were delivered by SeniorAge volunteers to seniors dining at home last year.

You can help us do more!

**FACT:** 363,695 meals were served among friends at one of our 36 senior activity centers.

We want to serve more!

When it comes to malnutrition, older adults are often affected. And while the nearest grocery store might be just a short distance away, many older adults are unable to venture away from home because of disability or lack of transportation, or perhaps they are simply unable to prepare meals on their own. For these reasons, SeniorAge is proud to have provided over **ONE MILLION** meals to seniors last year alone. **One million, two hundred seventy two thousand, three hundred and twenty eight to be exact (1,272,328)!**

We want to do more, and with your help we can!

We all know that proper nutrition is critical among older Americans. In fact, meals is our greatest expenditure and most often requested service. Whether it be hot meals served in one of our senior center dining rooms, or a bundle of tasty meals delivered right to their door, your support goes a long way in helping seniors live independently at home and out of costly institutional care facilities prematurely.

This **Giving Tuesday (December 3)**, won't you consider donating to **SeniorAge** to help us provide nutritious meals to seniors? For many of us, it’s a routine cup of coffee at the drive thru, or a delicious pizza that we order the family for dinner. For seniors, it might be a matter of eating a meal that day … or not.
You can make a quick and easy donation online at www.continuetogive.com/senioragegiving:

- $35 provides 10 meals to a senior
- $70 ensures 20 meals to a senior
- $105 gifts a full month of meals to a senior

Donate via check: Checks should be made payable to SeniorAge with "Giving Tuesday Meals" written in the memo.

- Please mail checks to: SeniorAge, 1735 S. Fort, Springfield MO 65807

One hundred percent of all donations received for meals provides a hearty, delicious meal for a friend in need. For every $3.50 received, another senior can enjoy a daily meal.

Let's do this together not just on Giving Tuesday, but all year long!

Share the Love with Vulnerable Seniors This Year

Exciting news! For the 12th year running, the Meals on Wheels network is participating in the 2019 Subaru Share the Love Event. As a member organization, SeniorAge is on board, too. Over the past eleven years, Subaru and its retailers have helped Meals on Wheels to deliver more than 2.2 million meals nationwide to seniors in need.

Why does Subaru support Meals on Wheels? Too many seniors are struggling to stay independent and healthy. One in four seniors lives alone in isolation and one in seven seniors might not know from where their next meal is coming. This is simply unacceptable, which is why SeniorAge provides the nutritious meals, friendly visits, and safety checks to seniors in southwest Missouri. This vital support keeps seniors in their own homes, where they want to be.

We're incredibly grateful to Subaru and its Retailers for supporting our organization and the seniors we serve. With that in mind, we thought you might want to learn a little bit more about the Subaru Share the Love Event.

HERE'S HOW IT WORKS

This November 14, 2019, through January 2, 2020, for every new Subaru vehicle purchased or leased, Subaru will donate $250 to the customer's choice of participating charities.* Meals on Wheels is one of four national participating charities and has been since the inception of the event. Through this event, as a member of Meals on Wheels America, SeniorAge will receive a share of the donation from Subaru vehicles sold at participating Subaru Retailers. Through our participation last year, SeniorAge received $5,146 (that's 1,470 meals for seniors who needed our help).
You might not be in the market to purchase a new car, but if you are, please look into the Subaru Share the Love Event to learn more. If you’re not shopping for a new vehicle, you can still help by spreading the word to your family and friends. A few quick and easy ways to do that:

- Share this article with others!
- Share our posts about the Share the Love Event on Facebook: https://www.facebook.com/senioragemo/

And remember: this holiday season you can ensure our senior neighbors are not forgotten, when you purchase or lease a new Subaru and select Meals on Wheels as your charity of choice.

*Disclaimer: Subaru will donate $250 for every new Subaru vehicle sold or leased from November 14, 2019, through January 2, 2020, to four national charities designated by the purchaser or lessee. Pre-approved Hometown Charities may be selected for donation depending on retailer participation. For every new Subaru vehicle sold or leased during the campaign period, participating retailers will donate a minimum of $50 in total to their registered Hometown Charities. Purchasers/lessees must make their charity designations by January 15, 2020. The four national charities will receive a guaranteed minimum donation of $250,000 each. See your local Subaru retailer for details or visit subaru.com/share. All donations made by Subaru of America, Inc.

Would you Like to Receive Regular News from SeniorAge?

SeniorAge offers a host of opportunities for you to receive information that can help you Make Aging More Engaging! (Give us a call, you’ll hear what we mean.) To sign up for one or both of our publications, simply send an email to marketing@senioragemo.org. Include your name, mailing address, and phone number if you would like to receive our upcoming instant text messaging on important topics and deadlines you need to know.

Heart & Soul is available to all donors and partnering organizations of SeniorAge. See where your contributions can help us the most. See Past Issue

Spring Chicken is our bi-monthly newsletter sent to all subscribers. Filled with great stories, important deadlines, and need-to-know news, this is the publication you won’t want to miss. See Past Issue
Learn More

Give us a call at 417-862-0762
or join us on Facebook:

Connect with us